

## Plus Size Bra-making Class



This advanced level course is geared to the specific needs of the plus-size woman and her bras. This includes women who are small with a large cup size, but also the larger frame woman. You must already be sewing bras in order to apply for this course, as we do not teach basic construction. You will learn the fabrics and findings that provide support and left, and what seaming techniques are best. Learn what fashion elements do and do not work with these bras. You will also learn to make an integrated front closing bra, which a lot of plus size women prefer as they do not wish to wear underwires. Applicants must have excellent sewing skills and an understanding of pattern drafting. All materials used in the course are included.

Please call 905-538-1396 to register for this professional upgrade class. Rental machines are available if you don't want to bring your own machine. Just let us know so we can have one set up for you.

### **Supply List**

- Rotary cutter and mat, weights optional (if you use rotary cutters)
- Paper Scissors, SHARP fabric scissors, thread snips
- Stretch 75/11 or ballpoint 70/10 machine needles (available on site)
- 1/4" foot or a foot to ensure a perfect 1/4" seam allowance
- Topstitching foot or a stitch-in-the-ditch foot
- Regular polyester thread in white or a pastel colour (available on site)
- Blue Washout marker (available on site)
- Drafting paper, scotch tape to make revisions to the pattern
- Zig-zag sewing machine in good working order
- The foot pedal and power cords for the machine above!
- Basic sewing supplies including spare bobbins, a seam ripper, pins, tape measure, extra needles, seam gauge etc
- Please mark all your supplies with your name

#### Please note:

- Class begins at 10 am and ends at 4:30 pm. Doors open at 9:30 am.
- Bring your lunch or you can buy lunch out. We have a fridge, sink and microwave in our classroom kitchen



# How to get to the Bra-makers Classroom



### Program into your GPS

If you input 308 Ottawa Street North, Hamilton, Ontario into your GPS, it should be able to find us easily!

#### From the U.S.A.

To get to the Bra-makers School from the U.S border or Niagara Falls, take the Burlington Street exit in Hamilton off the QEW. You'll be turning left at the Ottawa Street exit. You'll go past the steel mill, past Barton Street and a left turn onto Argyle Street, then a quick right into the parking lot directly behind the store.

## From Toronto (east of Hamilton)

To get to the Bra-makers School from Toronto, take the QEW Niagara exit to go over the Skyway Bridge, then the Burlington Street exit off the QEW. You'll be turning left at the Ottawa Street exit. You'll go past the steel mill, past Barton Street and a left turn onto Argyle Street, then a quick right into the parking lot directly behind the store.

#### From west of Hamilton

To get to the Bra-makers School from either direction from Hwy. 403, take the exit for the Lincoln Alexander Pkwy (the Linc) and continue on (the Linc turns into the Red Hill Creek Pkwy). Take the Queenston Road exit, turn left to Queenston Road. Carry on Queenston (it becomes Main Street at the traffic circle) and turn right at Ottawa Street. Turn right onto Argyle and a quick right into the parking lot directly behind the store.